

So, let's get started with a little review of our last session.

As you remember, we started with a discussion of how the Flower of Life can be utilized on Earth by our efforts. We were reminded that, in fact, we are the Divine Image on all levels, physically and spiritually. This blueprint stirs some memory codes, that are imprinted in our Souls, that allow us to use this blueprint to create.

We also discussed that the plan was to work with the Elementals and assist the Earth with its remembrance of her Christed Imaging. Mother Earth also has imprints within her very core, that have been unavailable to her since the fall of consciousness. The Elemental Kingdom had to create a denser form of Earth, so we humans could play in separation. Now that we are starting to remember ourselves as great Light Beings, it is our duty to help Earth retrieve her full consciousness.

One of the great assets that we now have activated is a functioning Merkaba field. With our activated Merkaba field at 100% Light, we have the capacity to interface with the Earth's Merkaba field and stimulate change. In using our mental-emotional bodies in a more refined and coherent way, we change the frequency range of Earth. Earth can only reflect what is created by humans' thoughts and emotions.

Next, we discussed that we must reflect back to Earth's energetic field through the valuable Templates we hold within us. These Light Templates have altered the DNA structure of our physical body, so that we reflect more of a crystalline form.

To alter the energetics of Mother Earth, we can use the energetics of our Merkaba field to influence the Merkaba field of Earth.

Now, with that update in place, let's move on to tonight's subject.

Be aware that the Collective Consciousness from the Lords of Light is significant at this time. Much is in flux and alteration. The four energetic Templates that this group retrieved from the time locks are very important, especially in this time of turmoil. The Collective Consciousness of Source has been communicating with this group with the emphasis on the mental-emotional body balance. This is needed due to the recent disruption that has been caused by the USA elections and the media. We need to work with the separation consciousness that has appeared because of the strong opinions of the two different groups.

It is important that this group recognize that, regardless of each person's personal preference, now that the person has been elected, that we all come together in Unity. We must form a Collective Consciousness that supports change and creates a coherency in our mental-emotional body to bring about Unity. We do not need to give up our power or opinions. But we do need to try to see the bigger picture of events and be willing to see some alternative options.

We need to be patient and allow this process to begin. As it progresses, be active to see where some anomalies appear and then voice your opinions. Do this from a stance of the new 5<sup>th</sup> dimension Light Template of Love and Unity, not because of the personality of an individual leader or that he was not our choice. Stay in the stableness of 5<sup>th</sup> dimension and open your ears and eyes and support those programs that are designed to bring about change for the Highest Good of humanity.

When you buy into the collective state of disharmony, separation, and polarization, your mental and emotional body gets engaged at those lower levels. As we mentioned during the last session, your Light quotient drops and your ability to hold higher frequencies of Light is affected. It makes it difficult to transmit those energies of the 5<sup>th</sup> dimensional Templates that you recovered at the 2016 Conference.

It is important to recognize how you use your thoughts and emotions in regard to the new possibilities that you can create in Unity, much more so than you can do in division and polarization. Do not allow the media to direct how you use your mental-emotional body. Do not allow the fake statements that are so prevalent in the media today to usurp your power to hold those higher frequencies of Light that are so necessary now.

This is a big challenge for many, because of the disappointment in the outcome. So we now ask that you recognize the importance of the harmony of your mental-emotional body, so that it doesn't distract from that balance. We are concerned that if this group allows itself to be swept up in the energetics that are now so prevalent in the collective consciousness that we will be unable to clear what we could in the way of destructive patterns. This has to do with your mental-emotional body that gets engaged and reacts.

Special Note: These are not political comments but are only mentioned to assist this group in progressing through these tough times. If we can remove ourselves from the 3<sup>rd</sup> dimensional consciousness, then we have a wonderful opportunity to stay in the stability of the Light Templates. We can hold them very coherently in our bodies and in our consciousness. If we can do that, then we have an opportunity make huge alterations during 2017, because of all the clearing that has taken place over the last two years.

Now, to the great shift of time sequence that is upon us!

It will put a lot of stress on everyone. It is this great shift out of 3<sup>rd</sup> and 4<sup>th</sup> dimension into the 5<sup>th</sup> dimension that is being anchored into the Earth at this time.

This 5<sup>th</sup> dimensional time sequence allows us to step out of the linear creations of the past/present/future. The present has little availability in the 3<sup>rd</sup> and 4<sup>th</sup> dimensions. Everything is created from the past experience or from a perceived future, which is not present because it has not been created.

As this new time sequence gets integrated into the 5<sup>th</sup> dimensional space, it is so important that the 5<sup>th</sup>, 6<sup>th</sup>, and 7<sup>th</sup> dimensional Templates be held coherently within each of us. We must remember that Love and Unity are the basis of all manifestation.

In this time sequence, many have great difficulty making the transition, even folks in this group, because it is so fluid it does not appear to have any anchor. Unlike linear time, there are many more ways to create, because there is no limitation. This 5<sup>th</sup> dimensional time sequence is circular and it has to be put into play in each individual.

How is this done???

Well, it is done by recognizing that they are in transition and that they have so many options to create a difference in this time sequence, because there are so many multiple opportunities and everything takes place in the present moment.

You have already noticed this sequence a few years ago (of your time), as it began to make its presence known to you in your consciousness. It became difficult to remember events that took place – a day before or a week before or a month before. The short term memory seemed to disconnect, and this was intentional, so that you could stay in the present moment.

Now that these energetics are being implemented more fully in the physical, you are noticing not only that you have a lot of options, but you have trouble navigating the many options and choosing specific ones that are more applicable in the present situation. Many of you try to look into the future and say, "OK, if I create this, how does it affect something in the future?" What is important is that you only create in the present moment – in the NOW!

The 5<sup>th</sup> dimension time sequence has unlimited potential to it, so if you create in the moment and need to make a change, you can make it quickly and in Ease. Because of the way this new time movement is so spherical, it is quick for you to make changes.

Those of you who operate in the old calendar see this as an obstacle. You are having problems getting grounded in your business and personal life. You can operate in the current time if you realize that you are vested in the new time sequence. When you operate in the 3D world, you can bring with you the 5D time sequence, which helps to alter the 3D world. This helps to alter the 3<sup>rd</sup> dimensional world, because you embody 5<sup>th</sup> dimension and offer options of creation to those whom you have to interface with.

When you leave the 3<sup>rd</sup> dimensional world, you can return to the 5<sup>th</sup> dimensional circular time sequence. Try not to bring any fragments of linear time with you, because you can clearly see that they are too rigid for you to create in such polarities. When you realize that, you can go in and out of the different time sequences. Then you will have confidence in your new abilities. You need to concentrate and stay in the present at first. But you will handle it very well and not get caught up in the past or future.

Now, another part that is important is to know the relationship between the time sequence and the 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup> dimensional Templates. You need to identify the parameters of the 7<sup>th</sup> dimensional Template in particular – that you hold in your body.

[Archangel/Lord of Light Michael's Message continues this discussion.]